

ON-SITE NURSE LIAISONS

How can a Nurse Liaison help me?

Our Nurse Liaisons are here to support employees enrolled in Collin County insurance with personalized guidance on various health topics. Whether it's weight management, nutrition, or fitness, they can help you set and work toward your personal health goals. This service is a free benefit available to all County Employees!



Grace Brown, RN

I have been a nurse for almost six years with prior experience in the hospital setting. After spending time in the nursing research field, I am excited to return to my role as a Nurse Liaison with Collin County.

Evie Newton, RN



I have six years of experience as a Cardiac Intervention and Post-Surgical Recovery Nurse, as well as six years as a Nurse Liaison. I am passionate about helping individuals gain a better understanding of their health so they can make informed decisions.

Will my information that I share with my Nurse Liaison be private?

Yes, all of your personal health information will be protected in accordance with the Health Insurance Portability and Accountability Act (HIPAA) and will only be shared between you and the Nurses. None of your personal health information will be shared with your supervisor, Human Resources, or any other County personnel.

Do I have to make an appointment to speak with a Nurse Liaison?

To ensure availability, we recommend scheduling an appointment before visiting the Nurse Liaison's office, as they also have office hours in other locations. You can also contact the nurses via text, phone, or email for assistance.

What other services do the Nurse Liaisons offer?

- ✓ Help you and your family members make better health care decisions.
- ✓ Demonstrate how to navigate UnitedHealthcare tools and resources.
- ✓ Assist in finding physicians within UnitedHealthcare's network.
- ✓ Check your blood pressure, weight or other biometric factors.
- ✓ Explain your lab results & help you determine how to make any necessary changes.
- ✓ Provide guidance in managing chronic conditions.

How can I reach the Nurse Liaisons?

Grace Brown, RN

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