



MENTAL HEALTH

Collin County offers mental health services through both of our medical plans with a \$15 copay, whether your provider is in-network or out-of-network. If you see an out-of-network provider, you'll need to pay upfront and then submit a claim for reimbursement at myuhc.com.

On myuhc.com, you can search for behavioral and mental health providers, access virtual visit options, and find self-help resources when you need them.

Additionally, our Employee Assistance Program (EAP) is another valuable resource. For more details, see pages 26 and 27 of the full Benefits Guide.

Law Enforcement Mental Health Program

Collin County provides a dedicated mental health program exclusively for our Law Enforcement employees. It offers confidential guidance and counseling at no cost to you – Collin County covers 100% of the fees.

We recognize the unique pressures faced by law enforcement professionals, and this program is designed to support your well-being.

To schedule an appointment, contact one of the professionals listed below. Be sure to let them know you are a Collin County Law Enforcement employee to access this benefit.

Dr. Heather Twedell
469-352-7491
dr.t@htwedell.org

Dena Williams
214-546-7178
denaw@first.org